FREE PARENT WORKSHOPS!
Sponsored by the Special Education Resource Center located at The White Oak School
Baltimore County Public Schools Office of Special Education

2020 Winter Workshops
Registration is now open!

Building Connections and Social Opportunities for Our Students and Children
Connecting to others and belonging is one of the most important and innate behaviors in our lives. This is why when there is a barrier to socially connecting with others, it can have lasting repercussions on our self-confidence and happiness. Join Dr. Kay Holman to discuss strategies, resources and the importance of acknowledging that social acceptance is the responsibility of everyone and not just students with disabilities. Presented by Dr. Kay Holman, Speech Language Pathologist, Author and Associate Professor at Towson University in the Department of Special Education
Monday January 27, 2020, 5:30 - 7:30 p.m., White Marsh Library Meeting Room
Wednesday February 5, 2020, 5:30 - 7:30 p.m., Pikesville Library Meeting Room
Wednesday February 19, 2020, 5:30 - 7:30 p.m., North Point Library Meeting Room
Monday February 24, 2020, 5:30 p.m. - 7:30 p.m., Arbutus Library Meeting Room

Understanding Your Child’s IEP
This workshop is designed to give parents a more in depth examination of the components of their child’s Individualized Education Program (IEP) document. A closer look at the IEP will help you learn what you need to know to become more effective as an equal member of your child’s IEP team. Presented by Leslie Seid Margolis, Managing Attorney, Disability Rights Maryland
Thursday February 20, 2020, 6:00 – 8:00 p.m., BCPS Greenwood Campus, Building E, Room 123

Entendiendo el IEP (Individualized Education Program; Programa de Educación Individualizada) de su hijo
Presentado en español, esta sesión está diseñada para ofrecer a los padres un análisis más detallado de los componentes del documento del IEP de su hijo. Examinando el IEP así les ayudará a los padres aprender ser un abogado efectivo e importante en el equipo de IEP de su hijo. Presentado por abogados de Disability Rights Maryland
Martes 10 de marzo de 2020, 6:00 p.m. a 8:00 p.m., salón de reuniones de la Biblioteca de Pikesville

FREE SPOKEN LANGUAGE INTERPRETATION SERVICES AVAILABLE BY ADVANCE REQUEST

Registration is required and limited!
To register, call or email SERC (410) 887-5443, serc@bcps.org. Let us know in advance of any accommodations required.
** Workshops are for ADULTS ONLY, NO childcare available. If Baltimore County Public Schools are closed, close early or evening activities are cancelled workshops will be CANCELLED. **

Daytime Winter Workshops
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Daytime Series
Presented by Tana Hope, Ph.D. The Child and Family Therapy Clinic of the Department of Behavioral Psychology at Kennedy Krieger Institute

Talk One:
Help My Child is Anxious! Understanding Anxiety and How to Help Your Anxious Child
An overview of anxiety disorders and how they develop will be discussed. Additionally, the speaker will address common difficulties seen in anxious children; current treatment options for anxiety; and what parents can do to help their anxious child.
Friday February 7, 2020 10:00 a.m. – 12:00 p.m. White Oak School Main Training Lab

Talk Two:
Behavior Management at Home
Effective home behavior management strategies for use with elementary age children and teens will be discussed. Emphasis will be on how to effectively improve your child’s behavior at home. Ways to increase cooperation, foster prosocial behavior and promote positive family interactions will be explored.
Wednesday February 19, 2020 10:00 a.m. – 12:00 p.m. White Oak School Main Training Lab

Talk Three:
Tourette Syndrome and Tics: Effective Treatment Strategies for Children and Teens
Tourette Syndrome or Tics in children and teens is fairly common but can fluctuate in their occurrence and severity over time making them hard to diagnosis and treat. This workshop will provide education on the identification, assessment and evidence-based treatment of tics. Families will learn what they can do to assist their child and teen to manage their tics and obtain treatment, if necessary or desired.
Wednesday February 26, 2020 10:00 a.m. – 12:00 p.m. White Oak School Main Training Lab

Talk Four:
Obsessive Compulsive Disorder (OCD) in Children, Teens and Their Families: Effective Strategies to Win Against the OCD “Bully”
Obsessive compulsive disorder (OCD) in a child can create extreme challenges for children, teens and their families. Often, we find that other family members have it, as well. This workshop will discuss how to recognize OCD, how to manage day to day difficulties when OCD is present at home and school; and, treatment strategies to “fight back” and overcome OCD.
Tuesday March 3, 2020 10:00 a.m. – 12:00 p.m. White Oak School Main Training Lab

Registration is required and limited!
To register, call or email SERC (410) 887-5443, serc@bcps.org. Let us know in advance of any accommodations required
** Workshops are for ADULTS ONLY, NO childcare available. If Baltimore County Public Schools are closed, or open 2 hours late workshops will be cancelled. Workshops will be held if there is a 1 hour delayed opening. **
***White Oak School, 8401 Leefield Rd., Baltimore, MD, 21234***