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**Kindergarten**

**Skillfulness – Fundamental Movement**

1. Perform the walk with a mature pattern
2. Perform the run with a mature pattern
3. Perform the jump with a mature pattern
4. Travel in general space without bumping into objects or others

**Biomechanical Principles – Effects on Objects**

5. Travel forward, backward, and sideways on cue

**Biomechanical Principles – Balance**

6. Balance on one foot

**Social Psychological Principles – Safety in Physical Activity**

7. Demonstrate safe use of space

**Social Psychological Principles – Cooperation and Responsibility**

8. Interact positively with others